

BEAM PARK WINTER PARTY: A MAGICAL EVENING OF FESTIVE FUN!

What an unforgettable night we had at the Beam Park Winter Party! Our community came together to celebrate the season in true style and the event was nothing short of magical.

The evening was packed with festive activities that brought smiles to every face. Children (and plenty of grown-ups!) were thrilled to meet Santa, sharing their Christmas wishes and snapping photos to treasure forever.

And the highlight for many? Our very own ice-skating rink, where neighbours glided under the MUGA, creating memories that will last a lifetime.

Delicious treats and warm drinks kept everyone cozy, while live entertainment filled the air with music and cheer. It was a celebration of community spirit, joy, and togetherness - everything Beam Park stands for.

Thank you to everyone who joined us and helped make this winter party so special. Here's to an amazing year ahead!



BEAM PARK



Community cuppa

Every Wednesday 9.30 to 11.30pm

'The Living Room'
Halewood Way, Rainham, RM13 8QZ

We are delighted to invite all residents to our new weekly Community Cuppa, a relaxed and informal coffee morning for everyone at Beam Park. It's the perfect opportunity to make new friends, catch up with familiar faces and build the connections that make our neighbourhood a wonderful place to live.

There's no need to book – just turn up!

We'll provide the tea and coffee, you just need to bring yourself. We can't wait to see you there!



Delivered in partnership





HAVE YOUR SAY! IN BEAM PARK

Have you ever wondered how you can have a real say in what happens in our community?

The Beam Park Community Forum is your direct link to the decision-makers, and it's a vital part of shaping our neighbourhood for the better

What is the Community Forum?

It's a regular meeting where resident representatives, L&Q, development partners, and local councillors come together to discuss the issues that matter most to you. From housing management and keeping shared spaces clean, to updates on new building phases and ideas for community events—this is where real conversations happen.

Your voice matters

Led by our fantastic resident Chair, Mayo and resident members, the Forum ensures your feedback, concerns and ideas are heard by the people who can make change happen. It's a collaborative space where we work together to solve problems and shape the future of Beam Park.

Get Involved! We're always looking for passionate residents to join and represent their neighbours. If you'd like to become a member and have your say, email us at more at beamparkenquiries@lqgroup.org.uk

ICONIC PUBLIC ART COMING TO BEAM PARK

L&Q and Vistry are proud to announce an exciting opportunity to shape the cultural identity of Beam Park through the installation of a striking piece of public art at the heart of the development.

This project is being funded through the Beam Park Community Fund, which supports initiatives that enhance local spaces and strengthen community connections and aims to honour the rich history of the Beam Park site while celebrating the vibrant and diverse community that is now emerging in the area and will serve as both a visual landmark and a community gathering point.

Crucially, the project will be community-led. This collaborative approach will foster community relations and celebrate the cultural diversity of Beam Park.

Together, we will create a lasting symbol of Beam Park's journey, one that honours its past, celebrates its present, and inspires its future. If you would like to find out more about the art projects proposed for Beam Park, please contact us on:
beamparkenquiries@lqgroup.org.uk





Havering, Barking and Dagenham
Registered charity no. 1108470

Social Inclusion

FREE Wellbeing Sessions at Beam Park

Want to feel more connected and boost your wellbeing?

Join our 10-week programme to:

- ✓ Meet new people
- ✓ Build resilience
- ✓ Learn practical tools for mental wellbeing

Enjoy a friendly, supportive group and explore a holistic approach to feeling your best.



Scan to Self-Refer

How to Join:

- Scan the QR code to complete the form
- Visit: www.haveringmind.org.uk
- Call: 01708 457040
- Email: Reach.us@haveringmind.org.uk

Topics We Cover

- My health and me
- Mood and food
- Relaxation techniques
- Mindfulness
- Connecting with others
- Self-compassion
- Finding solutions
- Moving forward
- Wellbeing activities
- Connecting with the local community

Get in touch



There are lots of ways you can get in touch with us:

- You can contact our Customer Service Centre by calling **0300 456 9996** or emailing us at contact@lqgroup.org.uk
- To speak to us about a repair you can call us on **0300 456 9996**, or to tell us of a new repair, you can complete our online report a repair form on our website. You should also call this number for emergency repairs, where there is an immediate danger to you or members of the public
- If you need to speak to us about any non repairs-related issues, you can speak to your Neighbourhood Housing Lead
- Get more involved with us and help shape the services we provide to you. You can find out more about resident involvement opportunities in the 'L&Q community' section of our website.

FREE WELLBEING SESSIONS AT BEAM PARK – IN PARTNERSHIP WITH MIND

Looking after your wellbeing is just as important as your physical health. That's why we're excited to offer FREE wellbeing sessions for the Beam Park community, delivered by MIND, the leading mental health charity.

- These sessions are designed to help you:
- Learn practical tools for managing stress and anxiety
 - Build resilience and improve emotional wellbeing
 - Connect with others in a supportive environment.

Spaces are limited, so don't miss out!



COMPLAINTS

We'll always aim to deliver a service that you're happy with, but if this doesn't happen, we have a formal complaints process you can use. To find out more, visit: www.lqgroup.org.uk/contact-us or call **0300 456 9996** and we'll do our best to put things right.

L&Q is a member of the Housing Ombudsman Scheme and follows their Complaint Handling Code, so if you're still not satisfied after we deal with your complaint, you can contact the Ombudsman at www.housing-ombudsman.org.uk or by calling **0300 111 3000**.

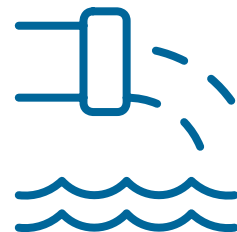
UPDATE ON THE SWALE

You may have noticed recently the slow waterflow within South Gardens resulting in a buildup of water in the Swale area, so we wanted to address any questions or concerns you may have.

The pump station only discharges water into the Swale on an intermittent basis, depending on how much rainfall is collected by the surface water drainage system. This is the system which manages surface water runoff. It comprises oversized pipework and attenuation tanks which collect this runoff and discharges it into the River Beam.

There has been a delay in completing this connection into the river, and this means that water is not flowing through the Swale as designed. Instead, this has caused a build-up of sediment in the Swale in certain locations. To remove this build-up and ensure that the high spots formed in the Swale do not reoccur, Vistry have

designed remedial works which will start before Christmas. As part of these works, the former play area will be remodelled and further reed planting will be carried out to aid drainage in the basin. The final connection into the river is currently incomplete and will be completed once a licence agreement has been received from the Environment Agency. We are expecting this to happen in Spring 2026.



PHASE 3: RESERVED MATTERS PLANNING APPLICATION – LBBD

The JV Partnership is pleased to announce the above planning application was presented to Committee on Wednesday 12th November 25. The Committee members unanimously recommended the application for approval.

A fantastic achievement for Beam Park.
The Partnership will issue further updates in due course.



CONNECT WITH YOUR LOCAL POLICE THROUGH MET ENGAGE

Keeping our community safe is a partnership and there's a great new way for you to play your part. The Metropolitan Police have launched a new online platform called Met Engage, designed to help you connect directly with your local officers and have a say in how our area is policed.

What is Met Engage?

Met Engage is a digital platform that gives you direct access to key information, advice, and your local policing team. It's a space where you can get to know the officers who work in Beam Park, help shape local policing priorities, and stay informed about what's happening in our neighbourhood.

Why Should You Sign Up?

- **Stay Informed:** Get accurate, timely updates directly from the police
- **Have Your Say:** Help influence the policing priorities for our area
- **Build Connections:** Get to know your local officers and build a stronger, safer community together.

How to Get Involved

Signing up is quick and easy. To join the platform and start making a difference, visit the Met Engage website today. Visit the Met Engage homepage here: <https://www.met.police.uk/police-forces/metropolitan-police/areas/campaigns/2025/stay-informed-with-met-engage/>



UPDATE FROM BEAM PARK MEDICAL PRACTICE

Beam Park Medical Practice has plenty to celebrate as the year comes to a close. The team proudly welcomed Dr Priya Khetarpal as the newest salaried GP, bringing fresh expertise and care to the growing community.

The practice has also reached an impressive milestone of 4,000 registered patients, reflecting the trust and support of local residents. To make healthcare even more accessible, Beam Park will soon introduce in-house phlebotomy services, allowing patients to complete routine blood tests conveniently on-site.

Flu season reminder

With winter approaching, the practice is urging eligible patients to book their flu vaccination. The jab helps protect against serious illness and reduces pressure on the NHS during the colder months.

Who qualifies for a free NHS flu vaccine?

- Children aged 2-16
- Adults 65+
- People with long-term health conditions
- Pregnant women
- Care home residents, main carers, and those living with immunocompromised individuals
- Frontline health and social care workers.

Appointments can be booked by calling the practice or completing a Klinik form online for a same-day callback.

Stay connected with the NHS App

The NHS App offers a secure way to manage your health from your phone or tablet. Patients can order repeat prescriptions, book appointments, view health records, and even access NHS 111 online. For help and support, visit: <https://www.nhs.uk/nhs-app/nhs-app-help-and-support/>

ESTATE MANAGEMENT UPDATE

New Estate Management office – opening soon!

We're excited to announce that the Estate Management Office is handed over and will be open to the residents soon, look out for updates and the first drop in session.

What this means for residents:

- Evening **drop-in sessions** will be available soon, book a slot to speak with your Neighbourhood Housing Lead (NHL)
- A **central hub** to address your housing needs more efficiently
- **Increased staff presence** on-site for quicker support and updates.

Welcome to our new team members!

We're growing our team to better serve you:

- **Daphne Barzey**– Our Newest NHL to join us she will be taking over Tahira Akrams previous patch. Welcome to Beam Park !

Repairs and Maintenance updates

Canton House Front Door

We apologise for the delay. The replacement door has now been installed we are just awaiting another appointment date for the door electronics to be fixed.

Reporting repairs – Help us help you!

Urgent Repairs:

Please call the office directly. Do not email your NHL.

Non-Urgent Repairs:

- Email reportarepair@lqgroup.org.uk

General Queries:

- contact@lqgroup.org.uk
- <https://www.lqgroup.org.uk/contact-us/webforms/query-form>

Bulk items and bin store etiquette

Fly-tipping harms our community and will result in **costs added to service charges**.

Please help us by disposing of bulky items responsibly:

- Take items to your **local tip**

Book a collection service:

- Havering: 01708 432563
- Barking & Dagenham: 020 8215 3000.

Donate usable items to charity:

- TCL Reuse Charity: 020 8553 5880
- Ask retailers to remove old appliances when delivering new ones.

CCTV monitoring is in place. Residents found fly-tipping may be charged for removal.

Parking rules – Please read carefully

ANPR AND CCTV Cameras coming soon!

ANPR logs every vehicle entering and leaving, creating a digital record.

Benefits include:

- Knowing exactly who entered and when
- Automatic alerts for unauthorized or banned vehicles.

Due to the number of parking offences on the development we are adding CCTV cameras site wide for everyone's safety

Beam Park is a **car-free development** with a limited number of **disabled and visitor bays**.

- Do not park outside marked bays. Doing so will result in a **parking charge notice (PCN)**.
- **L&Q cannot assist with PCN appeals.**

To report unauthorised parking, visit:

www.parkingcontrolmanagement.co.uk/report/

For obstructive parking, TORT notices may be issued, and vehicle removal may follow.

Dogs on Beam Park – A polite reminder

We've received reports of:

- **Urinating** in communal areas (damaging carpets)
- **Dogs off-lead** on podiums causing nuisance
- **Fouling** on pathways and in gardens

This is not acceptable and must stop immediately.

All residents must register their dogs using the Pet Dog Registration Form.

Unregistered dogs are a **tenancy breach** – please act now.



GROUNDS MAINTENANCE - IMPROVEMENTS IN ACTION

You asked, we listened! Two static ground maintenance workers are now on-site five days a week (9am–5pm).

Their responsibilities include:

- Litter picking
- Bin emptying
- Trimming, planting, and watering.

We're also gradually incorporating more landscaped areas into the maintenance schedule. Thank you for your patience as we work to enhance our shared spaces.



COMMUNITY SAFETY – WORKING TOGETHER

We're working closely with the **Safer Neighbourhood Team (SNT)** to reduce rising anti-social behaviour (ASB) across Beam Park. Expect more police presence in the area.

If you witness suspicious or criminal activity, please email:

SNTBeamPark@met.police.uk or call the police directly on **999** to report.

FINAL WORDS

We're committed to making Beam Park a cleaner, safer, and more vibrant community for all. Thank you for your ongoing cooperation and support.

Keep an eye out for drop-in session dates once the Estate Office opens!



Have your say

Do you have any ideas you would like included in the next newsletter?

If so, please email beamparkenquiries@lqgroup.org.uk. and your request may be featured in the next edition!



BEAM PARK®



Beam Stream website

The Beam Stream website is almost complete! In the meantime, please continue to sign up to our mailing list using the QR code to the left. If you have any issues, please email: BeamParkEnquiries@LQGroup.org.uk



Visitor parking app

PCM have a Virtual Visitor Parking App. All vehicles parked in the marked VP bays must be registered for a valid Virtual Visitor Parking (VVP) parking session.

To download and register for the app, please search for 'Virtual Visitor Parking' in your app store or scan this QR code. Don't forget – you can self-enforce your own allocated parking bay by applying for the use of the PCM self-enforcement app. For more information on how this service can work for you. Please contact PCM on **01753 512 603** or visit: www.parkingcontrolmanagement.co.uk/contact

CONTACT THE TEAM TODAY

If you're experiencing maintenance issues with your home:

Private purchasers

- Contact Countryside Customer Services on **01277 233 699** or customerservicespseast@cpplc.com

L&Q tenants and leaseholders

- Contact L&Q Aftercare team to report any issues with your property on **020 8189 7604** between 8:30am – 5pm (Mon – Fri) or at lqaftercarelondon@lqgroup.org.uk
- For out of hours, please call **0300 456 9998**

Questions about the new homes or the ongoing construction work

- Countryside Marketing Suite, open daily, 10am – 5.30pm **020 3813 9139** or visit www.beampark.com

L&Q Shared Ownership homes

- **020 8189 7502** or visit lqhomes.com/beampark

Estate and block management queries

- Contact your L&Q Neighbourhood Housing Lead at contact@lqgroup.org.uk or **0300 456 9998**
- Caretaking Supervisor Ray Stares on **07984 602 399**

L&Q Energy

- Contact L&Q Energy helpdesk about your account landqenergy@lqgroup.org.uk or **0333 003 3733**

For information on community engagement events and activities

- Please contact: beamparkenquiries@lqgroup.org.uk